

## Monday Wednesday **Thursday Friday** Tuesday 2 3 **LET'S DO LUNCH!** Senior Dining 8:30 Pool League 9 Ball The Senior Center is a meal 8:30 **SCAMP** 8:30 **Hand Chimes** 10:00 Red Hat Chorus 8:30 **Hand Chimes** Senior Outreach Mtg. site for the FDL County Senior 9:45 Video Exercise **MPTC Computer Basics 4** 12:45 Wii Bowling 9:00 Nutrition Program. Served 10:00 Me Time 10:00 Scrapbooking **Writers Group** 1:00 Monday—Thursday at 11:45 10:00 Beginning Bridge 1:15 **Sheepshead** a.m., lunch is available to all 12:00 Hand & Foot 10:30 Beginning Yoga seniors regardless of income, Fellowship, Food Fun 1:00 Canasta (1st & 3rd) Saturday with a suggested donation of 1:15 Sheepshead 12:45 Bridge 10:00 Beg. Country Line Dance \$3 for those age 60 or over. Registration for lunch is 3:30 Sewing 1:00 Flying Geese Quilt Club required by calling 929-3937 at least one day in 1:00 **Wisconsin JINGO** 5 Sunday 7:30 Wed Night Dance advance by 1 p.m. Menus are available at the front 6:00 **TOPS #0566** desk or our website: fdlseniorcenter.com 6:00 **Country Line Dancing** 6:00 **Chartastics Scrapbook** 8 9 *10* 8:30 Pool League 8 Ball 8:30 Pool League 9 Ball 9:00 Low Impact Exercise 9:00 **Hand Chimes** 9:00 Woodcarving Club 9:00 Tai Chi 8:30 **Staff Meeting Foot Care SWM & Health Screenings** Skat **SCAMP** Senior Outreach— What's it 10:00 **Red Hat Chorus** 8:30 **Consignor Intake** 1:00 German Club **Hand Chimes** 9:00 9:00 Like? Alzheimer's 12:45 Wii Bowling 9:00 MPTC Computer Basics 4 9:45 Video Exercise 10:00 Scrapbooking 1:00 Poker **Writers Group** 1:00 1:15 Sheepshead 10:00 Oil Painting 10:00 HT 10:00 Me Time 1:15 Sheepshead 10:30 Beginning Yoga 10:00 Singing 5:00 TOPS #1159 12:00 Hand & Foot **12:45 Bridge** <u>Saturday</u> 12:45 Bridge 1:00 Roundabout Safety **5:30 Zumba** 12:45 Drawing &Watercolor Class 1:00 Fly Tying 9:00-5:00 Bob Ross Painting 7:00 Beginning Dance Class 1:15 Sheepshead 1:00 Bingo 10:00 Beg. Country Line Dance 1:00 HT 3:00 Mixed Media Art Class 7:30 Wed Night Dance **TOPS #0566 Sunday** 6:00 **Country Line Dancing** 6:00 Model Railroad Hobbists(2nd) Happy Travelers-"On the Town" Sunset Stitchers (2nd) 7:00 *13 14 17 15 16* 9:00 Low Impact Exercise 8:30 **Pool League 8 Ball** 9:00 Woodcarving Club 9:00 MPTC Computer Basics 6 8:30 **AARP Driver Safety Class** 8:30 **Pool League 9 Ball** Senior Center Closed 10:00 SWC 9:00 **MPTC Computer Basics 6** 8:30 **SCAMP** 9:00 **Hand Chimes** 10:00 Veteran Services Tai Chi 9:00 9:00 Skat 9:45 Video Exercise Senior Center Armchair Hawaii Trip 12:30 MOVIE-Oz The Great and 9:00 **Consignor Intake** 10:00 Me Time Closed 10:00 Oil Painting **Powerful** 1:00 German Club (Rm.1) 10:00 Singing 12:00 Hand & Foot *18 Saturday* 1:00 MPTC-Intro to the iPad 1:15 Sheepshead 12:45 Bridge 1:00 Canasta (1st & 3rd) (Rm4) **Set up for Armchair** 12:45 Drawing &Watercolor Class Supper Club (Sebastian's) 1:00 Poker (Lounge) (Activity Room) 1:00 Bingo 1:15 Sheepshead MPTC-Intro to the iPad 1:00 **Hawaii Trip** 1:00 MPTC-Intro to the iPad (Rm 4) (Rm4) 3:00 Mixed Media Art Class *19 Sunday* 5:00 TOPS #1159 3:30 Sewing 3:15/5:15/7:00 Card making with Jana (2nd) 5:30 Zumba (Activity Room) 6:30 FdL Area Writer's Club (2nd) **Wed Night Dance** 7:30 6:00 Woodworkers (2nd) 7:00 Beginning Dance Class 7:30 Stamp Club (3rd) 6:30 Coin Club **Happy Travelers-Island Resort Casino** *20* 21 22 23 24 8:30 **Pool League 8 Ball** 8:30 **Pool League 9 Ball** 8:30 Wii Bowling (2/3) 9:00 Friends Board Meeting (4th) 9:00 Low Impact Exercise **Foot Care** Tai Chi **SCAMP** 9:00 8:30 9:00 9:00 Senior Outreach Training 9:00 Woodcarving Club **Hand Chimes** 9:00 **Hand Chimes** 10:00 Red Hat Chorus 9:00 Skat 9:00 9:00 Senior Outreach Training Video Exercise 9:00 **Consignor Intake** 9:45 10:00 Beginning Bridge 12:00 MPTC-Using Craigslist 9:30 Book Club (3rd) **Senior Outreach Training** 10:30 Beginning Yoga (new session) 10:00 Journaling 12:45 Wii Bowling 10:00 Oil Painting 10:00 Me Time (Rm 4) 1:00 **Writers Group** 1:00 German Club 10:00 Singing 1:15 Sheepshead 1:00 Poker 12:30 MOVIE-Oz The Great and 1:15 Sheepshead 12:00 Hand & Foot 12:45 Bridge **Powerful** 5:00 Scrapbook Crop (Whole Bldg) 12:45 Drawing & Watercolor Class 1:15 Sheepshead 12:45 Bridge Bingo 25 Saturday 5:00 TOPS #1159 3:00 Mixed Media Art Class 9am-9pm Scrapbook Crop (Whole **5:30 Zumba** 6:00 TOPS #0566 (Rm 4) 7:00 Beginning Dance Class Bldg) Project Linus (4th) (rm 2/3) 7:30 Wed Night Dance Country Line Dancing(Act rm) 6:00 Alzheimer's Support Grp. (4th) 26 Sunday (Rm 1) 27 28 29 *30 31* **Flu Shot Clinic** 8:00 8:00 Newsletter Assembly 8:30 Pool League 8 Ball 8:30 **Pool League 9 Ball** 9:00 **Foot Care** Center Closed 9:00 Hand Chimes 9:00 Low Impact Exercise (rm 3) Tai Chi (new session) **SCAMP** 9:00 8:30 9:00 Woodcarving Club **Hand Chimes** 9:00 Skat 9:00 10:00 Beginning Bridge 1:30 Volunteer 9:00 **Consignor Intake** 9:45 **Video Exercise** 10:30 Beginning Yoga 1:00 German Club 10:00 Oil Painting 10:00 Group Discussion-**Appreciation Party** 12:30 Wii Bowling **1:00** Poker 10:00 Chair Massage (4th) **Downsizing your Treasures** 1:15 Sheepshead **12:45** Bridge 12:45 Bridge 12:00 Hand & Foot 1:00 **MPTC-Basic MS Excel** 5:00 TOPS #1159 12:45 Drawing & Watercolor Class **MPTC-Basic MS Excel** 1:00 **AARP Meeting** Bingo **Sheepshead 5:30 Zumba** 1:00 1:15 \*\*Membership Drive Starts Nov. 1st 7:00 Beginning Dance Class **MPTC-Basic MS Excel** Sewing TOPS #0566 1:00 3:30 6:00 3:00 Mixed Media Art Class **Country Line Dancing** 6:00 7:30 Wed Night Dance 3:00 Wacky Races (4th)

**Happy Travelers-Shades of Ireland**